**Inventory of**

**Blessings in Ephesians – Colossians**

Lt. Brown = current blessings; Green = former blessings; Red = blessings defined by their opposite

Eph. 1:2 grace and peace from the Father and Son

1:4 according as He chose us in Him (Son) before the

overthrow of the world, to be holy and without blemish before Him (Father)

1:5 in love having predestined us for adoption by Jesus Christ

for Himself, according to the good-will of His desire

1:6 for the praise of the glory of His grace, which He

 engraced us in the Beloved (Son)

1:7 in Whom we have the redemption by His blood,

 the forgiveness of the sins,

 according to the wealth of His grace

1:8 which He overflowed to us in every wisdom and insight

1:9 having made known to us the mystery of His desire,

 according to His good-will that He purposed in Himself

1:10 for the dispensation of the fullness of the seasons to head

 up the all things in the Christ – the things upon the

heavens and the things upon the earth – in Him (Christ)

1:11 in Whom also we were made an inheritance, having been

 predestined according to the purpose of the One

 energizing the all things according to the counsel of His

 desire

1:12 for us to be for the praise of His glory, those having

 prior-hoped in the Christ

1:13 in Whom also you having heard the word of the truth,

 the good-news of your salvation, in Whom also you

 having believed, you were sealed by the holy spirit of the

promise

1:14 which is an earnest of our inheritance for the redemption

 of the acquired possession for the praise of His glory.

1:15 Wherefore, I also having heard of the according to you

faith in the Lord Jesus, and the love which is unto all the saints

1:16 I am not ceasing from giving thanks on behalf of you,

 making mention in my prayers

1:17 that the God of our Lord Jesus Christ, the Father of the

glory, may give you a spirit of wisdom and revelation in recognition of Him (Christ)

1:18 the eyes of your heart having been enlightened, for you to

have known what is the hope of His calling, what the wealth of the glory of His inheritance in the Holies

1:19 and what the surpassing greatness of His power unto us

the believing, according to the in-working of the strength of His might

1:20 which He in-worked in the Christ, having raised Him

 from the dead and having sat *Him* at His own right hand in the heavenlies

1:21 far above all principality and power and might and

 lordship and every name being named

1:22 and He subordinated all things under His feet, and gave

 Him as head over all things to the church

1:23 which is His body, the fullness of the One filling the all

 things in all

2:1 and you being dead to your trespasses and sins

2:4 but God being rich in mercy, because of His great love

 which He loved us *with*

2:5 we also being dead to the trespasses, He livened us

 together with the Christ (by grace you are having been saved)

2:6 and He raised together and sat together in the heavenlies in

 Christ

2:7 so that He might show in the ages that are coming up the

 surpassing wealth of His grace in kindness toward us in Christ Jesus

2:8 For by the grace you are saved through faith, and this *is* not from you – the gift of God

2:9 not from works, lest anyone might boast

2:10 for we are His workmanship, created in Christ Jesus for good works, which God before-prepared so that we might walk in them.

2:11 Wherefore, remember that once you *were* the nations in the flesh, who are called uncircumcision by those being called circumcision hand-made in the flesh

2:12 that you were at that season apart from Christ, alienated from the citizenship of Israel, and foreigners of the covenants of the promise, not having a hope and without God in the world.

2:13 But now in Christ Jesus you once being far off were made near by the blood of the Christ

2:14 for He is our peace, Who made the both one, and the dividing wall of the fence He loosed

2:15 and having nullified in His flesh the hatred, the law of the commandments in regulations, so that He might create in Himself for one new man, making peace

2:16 and He might super-reconcile the both in one body to God by the cross, having killed the hatred by it

2:17 and having come, He evangelized peace to you the far off, and peace to the near

2:18 because by Him we have the access – the both *of us* – in one spirit unto the Father

2:19 Then, therefore, you are no longer foreigners and aliens, but you are fellow-citizens of the Holies, and members of God’s family

2:20 having been built up upon the foundation of the apostles and prophets, Jesus Christ Himself being cornerstone

2:21 in Whom every building being joined together increases into a holy temple in the Lord

2:22 in Whom also having been built together for a habitation of God in spirit

3:1 For this reason, I Paul the prisoner of Christ Jesus on behalf of you the nations,

3:2 if indeed you heard of the dispensation of the grace of God, which was given to me for you

3:3 that according to revelation He made known to me the mystery, according as I wrote before briefly

3:4 for the sake of which you are able, reading *it*, to understand my comprehension in the mystery of the Christ

3:5 which in other generations was not being disclosed to the sons of mankind, as now it was revealed to His holy apostles and prophets in spirit

3:6 the nations to be joint-heirs and a joint-body and joint-partakers of the promise in Christ Jesus by the good-news

3:7 of which I was made a minister according to the gift of the grace of God, which was given to me according to the in-working of His power

3:8 to me the less than least of all saints was given this grace, to evangelize the nations on the untraceable wealth of the Christ

3:9 and to enlighten all what is the dispensation of the mystery, which (mystery) having been hidden from the ages in God, Who created the all things

3:10 so that it should be disclosed now to the principalities and the authorities in the heavenlies by the church the multifarious wisdom of God

3:11 according to the purpose of the ages which He accomplished in Christ Jesus our Lord

3:12 in Whom we have the boldness and access with confidence by His faithfulness

3:13 Wherefore I request *you* not to lose courage in my troubles on your behalf, which is your glory

3:14 for this reason I bow my knees toward the Father

3:15 from Whom every family in heavens and upon earth is named

3:16 so that He might give you according to the wealth of His glory, to be strengthened with might by His spirit into the inner man

3:17 the Christ to dwell in your hearts by the faith, your having been rooted and founded in love

3:18 so that you might be fully strengthened to apprehend with all the saints what is the breadth and length and height and depth

3:19 even to get to know the love of Christ which is surpassing knowledge, so that you might be filled into all the fullness of God

3:20 But to the One being able above all things to do above-overflowingly what we request or think, according to the power that is in-working us

3:21 to Him be the glory in the church and in Christ Jesus unto all generations of the age of the ages. Amen

4:1 Therefore, I encourage you, I the prisoner in the Lord, to walk worthily of the calling which you were called

4:2 with all humility and gentleness, with patience enduring one another in love

4:3 being diligent to guard the unity of the Spirit in the bond of the peace

4:4 one body and one spirit, according as also you were called in one hope of your calling

4:5 one Lord, one faith, one baptism

4:6 one God and Father of all, Who is above all and through all and in all.

4:7 But to each one of us was given grace according to the measure of the gift of the Christ

4:8 Wherefore He says, ‘Having ascended into the height, He took captivity captive; He gave gifts to mankind.’

4:9 But that He ascended, what is it unless that He also descended into the lower portions of the earth?

4:10 The One Who descended is the same also Who ascended far above all the heavens, so that He might fill the all things.

4:11 And He Himself gave indeed the apostles, and the prophets, and the evangelists, and the pastors and teachers,

4:12 for the preparation of the saints, for a work of ministry, for building up the body of the Christ

4:13 until all of us may attain unto the unity of the faith, even the recognition of the Son of God, unto a mature man, unto a measure of the span of the fullness of the Christ,

4:14 lest we may be any longer infants, sea-tossed and carried about by every wind of the teaching, by the trickery of mankind, by craftiness for the method of deceit, - here the blessing in terms of its OPPOSITE

4:15 but being true in love, we might increase unto Him – the all things – Who is the Head Christ.

4:16 from Whom the whole body, having been joined together and held together by the support of every ligament, according to the in-working in *the* measure of each single part, produces the increase of the body for the up-building of itself in love.

4:17 Therefore, I say this and testify in the Lord, you are to walk no longer according as even the nations walk, in the emptiness of their mind,

4:18 darkened in the understanding, being alienated from the life of God, because of the ignorance that is in them, because of the stubbornness of their heart,

4:19 who having ceased to feel, they gave themselves up to the sensuality for the practice of all impurity in greed.

4:20 But you did not thus learn the Christ,

4:21 seeing that you heard Him and were taught in Him, according as truth is in Jesus.

4:22 You to take off according to the former manner of life the old man, who is being corrupted according to the passions of the deceit,

4:23 and to be renewed in the spirit of your mind,

4:24 and to put on the new man, who according to God has been created in righteousness and holiness of the truth.

4:25 Wherefore, taking off the lie, speak truth each one with his fellow, because we are members of each other.

4:26 Be angry and sin not – let not the sun set upon your anger,

4:27 neither give place to the devil.

4:28 The one stealing let him steal no longer, but rather let him labor, working the good with his own hands, so that he may have to impart to him having need.

4:29 Let not any rotten word go out of your mouth, but whatever is good for up-building the need, so that it may give grace to those hearing.

4:30 And grieve not the Holy Spirit of God, by Whom you were sealed for a day of redemption.

4:31 Let be taken away from you all bitterness and wrath and anger and clamor and evil-speaking, along with all evil,

4:32 and become kind to each other, tender-hearted, being gracious to each other according as even God in Christ was gracious to you.

5:1 Therefore, become imitators of God as beloved children,

5:2 and walk in love, according as even the Christ loved us and delivered up Himself on our behalf, a sacrifice and offering to God for a fragrant odor.

5:3 But sexual immorality and all impurity or greed let it not be named among you, according as it befits saints,

5:4 also indecency and foolish talk or ribaldry – what things were not proper – but rather thanksgiving.

5:5 For this you have known, finding out that everyone sexually immoral of impure or greedy, who is an idolater, has not inheritance in the kingdom of the Christ and God.

5:6 Let no one deceive you with empty words, for, for this reason the wrath of God comes upon the sons of the disobedience.

5:7 Therefore, become not joint-partakers of them,

5:8 for you were once darkness, but now light in the Lord,

5:9 for the fruit of the light *is* in all goodness and righteousness and truth,

5:10 testing what is acceptable to the Lord,

5:11 and do not fellowship with the works the unfruitful of the darkness, but rather even convict *them*,

5:12 for the things coming secretly by them it is shameful even to speak of,

5:13 but the all things (the ANTI-fullness) being convicted by the light are being manifested,

5:14 for everything that is being manifested is light. Wherefore He says, ‘Get up, he who sleeps, and stand up from the dead, and the Christ will shine upon you.’

5:15 Therefore, look out for how accurately you walk, not as unwise but as wise,

5:16 buying out the opportunity, because the days are evil.

5:17 For this reason become not mindless, but understand what *is* the desire of the Lord,

5:18 and become not drunken with wine, in which is dissipation, but be filled by the Spirit,

5:19 speaking to yourselves in psalms and hymns and spiritual songs of praise, singing and singing praise in your heart to the Lord,

5:20 giving thanks always for all things in the name of our Lord Jesus Christ to the God and Father;

5:21 subordinating yourselves to one another in fear of Christ,

5:22 the wives *subordinating* to their own husbands as to the Lord,

5:23 because a husband is head of the wife, as even the Christ *is* Head of the church – He *is* Saviour of the body,

5:24 but as the church is subordinated to the Christ, thus also the wives to the husbands in all things.

5:25 Husbands, you love the wives even, as the Christ loved the church and delivered Himself up on its behalf,

5:26 so that He might sanctify it, having cleansed it with the washing of the water by the word,

5:27 so that He might present (judicially) to Himself the illustrious (en-gloried) church, not having blemish or wrinkle or any such thing, but so that it might be holy and spotless.

5:28 In this manner ought the husbands to love their own wives, as their own bodies. He who loves his own wife loves himself.

5:29 For no one ever hated his own flesh, but he feeds and takes care of it, according as also the Christ *does* the church,

5:30 because we are members of His body, from His flesh and from His bone.

5:31 Because of this a man will leave father and mother and will be united with his wife, and the two will be for one flesh.

5:32 This mystery is great, but I speak concerning Christ and concerning the church.

5:33 Nevertheless, you also, one by one, let each love his own wife this way, as himself, and the wife that she should reverence the husband.

6:1 Children, obey your parents in the Lord, for this is righteous.

6:2 Honor your father and mother, which is the first commandment with a promise:

6:3 so that it may become well with you and you will be long-lived upon the earth.

6:4 And fathers provoke not your children, but raise them in the discipline and admonition of the Lord.

6:5 Slaves obey the masters according to the flesh with fear and trembling in the sincerity of your hearts as to the Christ,

6:6 not according to eye-service as men-pleasers, but as slaves of Christ, doing the desire of God from the soul,

6:7 serving with good-will as to the Lord, and not to men,

6:8 having known that whatever good each one may do, this he will receive from the Lord, whether slave or free.

6:9 And masters do the same things toward them, ceasing threatening, having known that the Lord of them and you is in the heavens and favoritism is not with Him.

6:10 Of the rest, become strong in the Lord and in the strength of His might.

6:11 Clothe yourself with the panoply of God, for you to be able to stand against the methodic deceit of the devil,

6:12 because *there* is not for us the wrestling against blood and flesh, but against the principalities, against the authorities, against the world-rulers of this darkness, against the spiritual things of the wickedness in the heavenlies.

6:13 On this account pick up the panoply of God, so that you may be able to withstand in the day the evil, and having worked out everything to stand.

6:14 Therefore, stand, having dressed your waist with truth, and having put on the breastplate of the righteousness,

6:15 and having shod the feet with the preparation of the good-news of the peace,

6:16 in all things having picked up the shield of the faith, by which you will be able to extinguish all the burning arrows of the wicked one,

6:17 and receive the helmet of the salvation, and the sword of the Spirit, which is God’s word,

6:18 by all prayer and petition praying in every season in spirit, and for this same thing being alert in all perseverance and petition on behalf of all the saints,

6:19 and on my behalf, so that a word might be given me in opening my mouth in boldness to make known the mystery of the good-news,

6:20 on behalf of which I am an ambassador in a chain, so that in it I might speak boldly, as it behooves me to speak.

6:21 But so that you too may have known the things concerning me, what I do, Tychicus the beloved brother and faithful minister in the Lord will make known to you,

6:22 whom I sent unto you for this very thing, so that you might find out the things concerning me and he might encourage your hearts.

6:23 Peace to the brothers and love with faith from God the Father and the Lord Jesus Christ.

6:24 The grace be with all those loving our Lord Jesus Christ with incorruption.

Col.1:2 to the saints at Colosse and to the faithful brothers in Christ; grace and peace from the Father and the Son

1:3 We give thanks to the God-Father of our Lord Jesus Christ, always praying concerning you,

1:4 having heard of your faith in Christ Jesus and the love which you have for all the saints

1:5 because of the hope which is being stored away for you in the heavens, which you heard previously in the word of the truth of the good-news.

1:6 which is near for you, according as also in the whole world is bearing fruit and increasing, according as also in you, from what day you heard and recognized the grace of God in truth,

1:7 according as you learned from Epaphras, our beloved fellow-slave, who is a faithful minister of the Christ on your behalf,

1:8 who also made clear to us your love in spirit.

1:9 Because of this, we also, from what day we heard, do not cease praying on your behalf and requesting that you may be filled with the recognition of His desire in every wisdom and spiritual understanding.

1:10 to walk worthily of the Lord unto all satisfaction, in every good work bearing fruit and increasing in the recognition of God,

1:11 being empowered by every power, according to the might of His glory, for every perseverance and patience. With joy,

1:12 giving thanks to the Father, Who made us fit for the part of the share of the Holies in the light.

1:13 Who rescued us from the authority of the darkness, and removed *us* into the kingdom of the Son of His love,

1:14 in Whom we have the redemption, the forgiveness of the sins,

1:15 Who is the image of the God the Unseen, Firstborn of every creation,

1:16 because in Him were created the all things, in the heavens and upon the earth, the seen and the unseen, whether thrones or lordships or principalities or authorities – the all things have been created by Him and for Him,

1:17 and He Himself is before all things, and by Him the all things have stood together.

1:18 And He Himself is the Head of the body, the church, Who is Principality, Firstborn from the dead, so that He might become in all things as One having first place,

1:19 because in Him was pleased all the fullness to in-dwell,

1:20 and by Him to super-reconcile the all things unto Himself, having made peace by the blood of His cross, by Him whether the things upon the earth or the things in the heavens.

1:21 And you, formerly being alienated and enemies in the understanding in the works the wicked,

1:22 but now He super-reconciled in the body of His flesh by the death to present you holy and faultless and beyond reproach before Him,

1:23 if indeed you stay in the faith, founded and seated and not moved back from the hope of the good-news, which you heard, which was heralded in the whole creation which is under the heaven, of which I Paul became a minister.

1:24 I now rejoice in my sufferings on your behalf and fill back instead the things lacking of the afflictions of the Christ in my flesh on behalf of His body, which is the church,

1:25 of which I became a minister, according to the dispensation of God that was given to me for you, to fill up the word of God,

1:26 the mystery which has been kept secret from the ages and from the generations, but now was manifested to His saints,

1:27 to whom God desired to make known what *is* the wealth of the glory of this mystery among the nations, Who is Christ among you, the hope of the glory.

1:28 Whom we proclaim, warning every man and teaching every man in every wisdom, so that we may present every man complete in Christ.

1:29 for which also I labor, struggling according to His in-working which in-works in me in power.

2:1 For I want you to have known how great a struggle I have on behalf of you and those in Laodicea and as many as have not seen my face in flesh,

2:2 so that their hearts might be encouraged, having been united together in love, even unto all wealth of the full carrying out of the understanding for recognition of the mystery of God – Christ,

2:3 in Whom are all the treasures of the wisdom and knowledge hidden.

2:4 This I say, lest anyone might delude you with persuasive speech,

2:5 for even if I am absent in the flesh, rather I am with you in the spirit, rejoicing and seeing your order, and the firmness of your faith in regard to Christ.

2:6 Therefore, as you received Christ Jesus the Lord, walk in Him,

2:7 having been rooted and built up in Him and having been established in the faith, according as you were taught, overflowing in gratitude.

2:8 See there not be any who takes you captive by the philosophy and empty deception, according to the tradition of mankind, according to the first principles of the world, and NOT according to Christ,

2:9 because in Him all the fullness of the divinity inhabits bodily,

2:10 and you are filled up in Him, Who is the Head of every principality and authority,

2:11 in Whom also you were circumcised with a handless circumcision in the stripping off of the body of the flesh, in the circumcision of the Christ,

2:12 being buried together with Him in the baptism, in which also you were raised together by the faithfulness of the in-working of God, Who raised Him from *the* dead,

2:13 and you being dead in the trespasses and the uncircumcision of your flesh, He made you alive together with Him, having forgiven you all the trespasses,

2:14 having washed away the debt certificate in the decrees against us, which was opposed to us, and He has removed it from the midst, having nailed it to the cross,

2:15 having stripped off the principalities and the authorities, having made an example publicly, having triumphed over them in it.

2:16 Therefore, let not anyone judge you in eating and in drinking, or in regard to feast or new-moon or sabbaths,

2:17 which are a shadow of coming things, but the body *is* of the Christ.

2:18 let no one cheat you of the prize, delighting in humility and religion of the angels, setting foot upon what things he has seen, being vainly puffed up by the mind of his flesh,

2:19 and not holding fast the Head, from Whom the whole body by the ligaments and bindings, being supplied and united together, increases with the increase of God.

2:20 Therefore, if you died with Christ from the first principles of the world, why as living in the world are you dogmatized?

2:21 Take not, eat not, touch not.

2:22 which are all for corruption with the use, according to the commands and teachings of mankind,.

2:23 which are, indeed, having a notion of wisdom in would-be religion and humility and severity of body, not of any value toward satisfying the flesh.

3:1 Therefore, if you were raised together with the Christ, seek the things above where the Christ is sitting at God’s right hand.

3:2 Be minded of the things above, not the things upon the earth.

3:3 For you died, and your life has been hidden with the Christ in God.

3:4 When the Christ our life may be manifested, then also we with Him will be manifested in glory.

3:5 Therefore, put to death the members which *are* upon the earth – sexual immorality, impurity, lust, evil passion, and the greed which is idolatry,

3:6 because of which things comes the wrath of God upon the sons of the disobedience,

3:7 in which also you walked once, when you lived in these things.

3:8 But now put off, even you, the all things – wrath, rage, evil, blasphemy, obscene talk – out of your mouth.

3:9 Lie not unto one another, having stripped off the old man with his practices,

3:10 and having put on the new, which is being renewed unto recognition according to the image of the One Who created him,

3:11 where is not in *him* Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free, but the all things and in all *is* Christ.

3:12 Therefore, put on as elect of God, holy and loved, inwards of compassion, kindness, humility, gentleness, patience,

3:13 enduring one another, dealing graciously with each other, if any has a complaint against any, according as the Lord dealt graciously with you, thus also you.

3:14 And above all these *is* the love, which is a binding of the maturity.

3:15 And let the peace of the Christ arbitrate in your hearts, unto which also you were called in one body, and become thankful.

3:16 And let the word of the Christ indwell in you richly in every wisdom, teaching and warning each other with psalms, hymns and spiritual songs of praise, in the grace singing in your hearts to God.

3:17 And all, whatever you may do in word or in work, all things *do* in the name of the Lord Jesus, giving thanks to God the Father by Him.

3:18 The wives be subordinated to the husbands, as was fitting in the Lord.

3:19 The husbands love the wives, and be not embittered toward them.

3:20 The children obey the parents in everything, for this is well-pleasing in the Lord.

3:21 The fathers vex not your children, lest they should become discouraged.

3:22 The slaves obey in everything the lords according to the flesh, not with eye-service as men-pleasers, but with sincerity of heart, fearing the Lord.

3:23 Whatever you may do, work from the soul as to the Lord and not to men,

3:24 having known that from the Lord you will get back the recompense of the inheritance. The Lord Christ you serve.

3:25 For the one doing unjustly will receive what he did unjustly, and there is no favoritism.

4:1 The lords grant the justice and the fairness to the slaves, having known that even you have a Lord in heaven.

4:2 Continue steadfastly in the prayer, keeping awake in it with thanksgiving,

4:3 praying at the same time also concerning us, so that God may open to us a door of the word, to speak the mystery of the Christ, because of which also I have been bound,

4:4 so that I may manifest it, as I ought to speak.

4:5 Walk in wisdom toward those outside, buying up the opportunity,

4:6 your word always with grace, seasoned with salt, to have known how you ought to answer everyone.

4:7 Tychicus, the beloved brother and faithful minister and fellow-slave in the Lord, will make known to you the all things regarding me,

4:8 whom I sent to you for this very thing, so that he might get to know the things concerning you and might encourage your hearts,

4:9 with Onesimus, the faithful and beloved brother, who is of you. All things that are here they will make known to you.

4:10 Aristarchus my fellow-prisoner greets you, and Mark the nephew of Barnabas (concerning whom you received commandments – if he should come unto you, receive him),

4:11 and Jesus who is called Justus, who are of the circumcision – these *are* the only fellow-workers for the kingdom of God who became a comfort to me.

4:12 Epaphras who is of you greets you, a slave of Christ Jesus always struggling on your behalf in the prayers, so that you might stand mature and fully assured in every desire of God,

 4:13 for I testify to him that he has a great toil on your behalf and those in Laodicea and those in Hierapolis.

4:14 Luke the beloved physician greets you, and Demas.

4:15 Greet the brothers in Laodicea, and Nymphas and the church at his house.

4:16 And whenever the letter may be read with you, cause that it also may be read in the church of the Laodiceans, and the one from Laodicea that you also may read *it*.

4:17 And say to Archippus, ‘See to the ministry which you received in the Lord, that you might complete it.’

4:18 The greeting of Paul in my hand. Remember my bonds. The grace *be* with you.